

# Mossbourne Riverside Academy

## Weekly menu

WEEK THREE: w/c 22 April, 13 May, 3 June, 24 June, 15 July



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Pizza Margherita  
**Wheat, Milk**

BBQ Style Chicken Thigh with  
Oven Roast Potato Wedges  
**Wheat**

Braised Beef &  
Macaroni Bake  
**Wheat, Milk**

Chilli Chicken served in a  
Soft Taco  
**Wheat**  
with Sweetcorn Salsa & Mexican  
Rice

Breaded Fish Fillet  
**Wheat, Fish**  
or Salmon & Lemon Fishcakes  
**Fish**  
with Chips & Tomato Sauce

Chickpea & Vegetable Korma  
with Rice

Pesto Style Pasta  
**Wheat**  
with a Mediterranean Style Salad

Sweet Potato, Tomato & Bean  
Stir with Rice

Chilli Bean Fajita  
**Wheat**  
with Sweetcorn Salsa & Mexican  
Style Rice

Chilli Bean Fajita  
**Wheat**  
with Sweetcorn Salsa & Mexican  
Style Rice

Hasselback Jacket Potato with  
Coleslaw or Cheese  
**Milk**  
& Beans

Hasselback Jacket Potato with  
Tuna  
**Fish**  
Sweetcorn,  
Cheese  
**Milk**  
& Beans

Hasselback Jacket Potato with  
Cheese  
**Milk,**  
or Red Onion & Beans

Hasselback Jacket Potato with  
Cheese  
**Milk**  
& Beans

Hasselback Jacket Potato with  
Coleslaw or Cheese  
**Milk**  
& Beans

Mixed Fruit &  
Yoghurt  
**Milk**

Jelly & Fresh Fruit Platter

Mixed Fruit &  
Yoghurt  
**Milk**

Wholemeal Lemon Shortbread  
**Wheat**  
with Fresh Fruit Wedges

Ice Cream  
**Milk**  
with sliced Seasonal Fruit

### Available daily

Please ask the catering manager for food allergen information

Available Daily Jacket Potatoes with various fillings, Freshly Baked Bread, Vegetables of the Day, Salad Pots

### Red = Allergen

- All food is freshly prepared on site each day and if any of the 14 common food allergens present, they are listed in red against each menu item and are intended as a guide to help with the choice of meal. For operational reasons it may be necessary to alter a recipe at short notice and therefore **your child or the member of school staff who presents your child at the counter must check each time before being served with the food**
- The Company handles many of the 14 common food allergens in our busy kitchens and so therefore cannot guarantee that our food is 100% free from specific food allergens
- There are foods not on the list of 14 common food allergens which can cause allergic reactions in a small number of people and if your child has such an allergy, **they or school member must check each time before being served with the food.**

Our allergen process is written to protect the welfare of the children.