

Highly-engaging Building schemas Retrieval practice Expert modelling and exposition Adaptive Teaching

PSHE LTP



Intent

We believe that it is vital children learn to be confident, resilient and independent and know how to keep physically and mentally healthy. Our PRIDE values of positivity, respect, integrity, determination and empathy underpin everything we do. Therefore, we have designed our curriculum so that our pupils will develop a framework to understand their current experiences and prepare for their future and embody these core values and ethos. Our PSHE curriculum is a golden thread woven into all areas of school life, as well as being taught explicitly. It is designed to ensure our children are prepared to be responsible, socially active members of society in modern Britain, in their local community and in their relationships. They will develop their own understanding of the fundamental British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance of those with different faiths and beliefs and how these influence their daily lives and decision making.



Implementation

Our PSHE curriculum has been carefully considered and developed with support from our WAMHS and MHST (mental health) workers, to give all our pupils the cultural capital and life skills to prepare them for future success and the next stage of their life. It supports the personal developmental needs of our pupils. The sequencing enables all to follow a program of progressive skills in PSHE. These take place in discrete PSHE lessons, are woven into other curriculum areas, inform our assembly programme, extra-curricular activities, pupil roles and responsibilities and approach to behaviour and attitudes. Lessons introduce pupils to new skills and tasks provide teachers with assessment opportunities which allows immediate feedback to be given to pupils. Lessons are recorded virtually, using QR codes to see lessons 'live' in action.



Progression

There is clear progression from reception to year 6 mapped out for each core theme, that builds on the skills that pupils acquire each year to develop effective relationships, lead mentally and physically healthy lives, assume greater personal responsibility and manage personal safety, including online. These themes also support our academy PRIDE values and prepare pupils for life in modern Britain by: equipping them to be responsible, respectful, active citizens who contribute positively to society; developing their understanding of fundamental British values; developing their understanding and appreciation of diversity; celebrating what we have in common and promoting respect for the different protected characteristics as defined in law. Academy 'roles' also have greater responsibility the further up school the pupils get, getting them ready for the next phase of their education.



Impact

PSHE is woven into all parts of the school day, developing children's character over their school career. Pupils show that they are confident, resilient and independent with excellent inter-personal skills, and are inspired to continue this at home and in their local community. The impact of our PSHE curriculum is reflected in learners' behaviour and conduct. The PSHE curriculum gives them the skills to be committed learners, who know how to study effectively and are motivated to use these skills independently; they are resilient to setbacks and take pride in their achievements. Because of this pupils are eager to come to school and manage their time effectively. Our core values of positivity and respect are reflected in pupil's relationships with all adults and their peers. Our PSHE curriculum creates a climate where bullying, peer-on-peer abuse or discrimination are not tolerated by any member of our school community. measured by triangulating lesson observations, planning, pupil discussions and observations of pupil behaviour and attitudes, to gauge what pupils have learned and how well they remember and apply this.



Enrichment

There are many opportunities for pupils to be involved in the wider life of their school and local community. Pupils can apply for roles such as pupil councillors, wellbeing champions, prefects, Eco councillors or subject champions. The academy runs an extensive enrichment programme with both yearly and termly clubs that children can select. We take every opportunity to be involved in our local community working with local stake holders such as the V&A, Sadlers Wells and Westham Football club. Pupils will experience a programme of carefully planned educational visits over their school career which is mapped on our detailed Trip Map, embedding rich experiences for all pupils.



PSHE LTP

Year Group Map



MOSBOURNE

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Community Zones of Regulation	Health and Wellbeing Anti Bullying Week	RSE Safer Internet Week	Challenging Discrimination Neurodiversity Celebration Week	Economic Wellbeing	Keeping Safe Consolidation Managing Change and Transitions
EYFS	Self Regulation – Zones of Regulation	Managing Self – Personal Hygiene	Building Relationships		Coping With Change	Coping With Change
Year 1	<ul style="list-style-type: none"> Our Pride Values and what rules are caring for others' needs Feelings change Self regulation Understand reactions and triggers Expected and unexpected behaviour 	<ul style="list-style-type: none"> Keeping our teeth healthy What goes in and on our bodies Friendships, falling out and unkind behaviour Describe big feelings and how they change. 	<ul style="list-style-type: none"> Asking for permission Special people How we change and grow Naming body parts (including genitals) How to stay safe online 	<ul style="list-style-type: none"> Taking about race and racism Defining anti racism Redefining racism Understanding stereo types 	<ul style="list-style-type: none"> What is money and where does it come from What to do with found money Understanding our own and others strengths 	<ul style="list-style-type: none"> Keeping safe at home and on the roads Know and understand the PANTS power rule (NSPCC)
Year 2	<ul style="list-style-type: none"> Our Pride Values, responsibilities and rules Belonging to a group Feelings change Self regulation Understand reactions and triggers Expected and unexpected behaviour 	<ul style="list-style-type: none"> How to keep an active and healthy body What are medicines and how to stay safe around them Friendships, falling out and unkind behaviour Understand and describe big feelings How change affects us 	<ul style="list-style-type: none"> Asking for permission Special people How we change and grow Naming body parts (including genitals) Friendship and conflict How to stay safe online 	<ul style="list-style-type: none"> Unconscious bias Being anti racist in our actions Representation matters Myth busting 	<ul style="list-style-type: none"> Identify different jobs people have and why people work The difference between wants and needs and the difference between right and wrong 	<ul style="list-style-type: none"> Keeping safe in the sun and near trains Know and understand the PANTS power rule (NSPCC)
Year 3	<ul style="list-style-type: none"> Our Pride Values, the value of rules and laws Rights, freedoms and responsibilities Feelings change Self regulation Understand reactions and triggers Expected and unexpected behaviour 	<ul style="list-style-type: none"> Understanding a healthy diet and healthy dental routines What is friendship and bullying How to use medicines safely Looking after our physical and mental health Expressing emotions and how they change 	<ul style="list-style-type: none"> Giving and seeking consent Physical, biological (including menstruation and erections) and emotional changes that occur during puberty Personal hygiene How to behave safely online 	<ul style="list-style-type: none"> Taking about race and racism Defining anti racism Redefining racism Understanding stereo types 	<ul style="list-style-type: none"> How to set and achieve our goals Understand the different skills needed for different jobs The difference between wants and needs 	<ul style="list-style-type: none"> Assessing and managing risks around the house Taking responsibility for road safety Knowing how to seek help when I need it (NSPCC)
Year 4	<ul style="list-style-type: none"> Our Pride Values What makes a community Shared responsibilities Feelings change Self regulation Understand reactions and triggers Expected and unexpected behaviour 	<ul style="list-style-type: none"> Making healthy food and drink choices and managing influences How caffeine, alcohol and tobacco impact people's health Managing and supporting grief Managing mental health and seeking support when needed 	<ul style="list-style-type: none"> Giving and seeking consent Physical, biological (including menstruation and erections) and emotional changes that occur during puberty Personal hygiene How to behave safely online 	<ul style="list-style-type: none"> Unconscious bias Being anti racist in our actions Representation matters Myth busting 	<ul style="list-style-type: none"> The role money plays in people's lives and making decisions about money Setting goals and working towards them 	<ul style="list-style-type: none"> Managing risks in the sun Keeping safe near trains and railways Knowing how to seek help when I need it (NSPCC)
Year 5	<ul style="list-style-type: none"> Our Pride Values Compassion towards others Protecting the environment; Feelings change Self regulation Understand reactions and triggers Expected and unexpected behaviour 	<ul style="list-style-type: none"> Planning and preparing healthy meals Importance of physical activity Correct use of medicines What is mental health and how to take care of it How does change impact emotions 	<ul style="list-style-type: none"> Appropriate and inappropriate touch Physical and biological (including menstruation and erections) that occur during puberty Becoming independent Positive, healthy relationships How a baby is made What is pornography and why is it unsafe 	<ul style="list-style-type: none"> Taking about race and racism Defining anti racism Redefining racism Understanding stereo types 	<ul style="list-style-type: none"> The impact of money on emotional wellbeing What it means to be a critical consumer Identifying the different skills needed for jobs 	<ul style="list-style-type: none"> Keeping safe near canals and rivers How to stay safe with fires and fireworks Treating others respectfully (NSPCC)
Year 6	<ul style="list-style-type: none"> Our Pride Values Valuing diversity Challenging discrimination and stereotypes Feelings change Self regulation Understand reactions and triggers Expected and unexpected behaviour 	<ul style="list-style-type: none"> How to maintain a healthy lifestyle Risks of legal and illegal drug use, managing peer pressure and media influence What is mental health and how to take care of it Understanding and managing grief and change 	<ul style="list-style-type: none"> What is pornography and why is it unsafe Appropriate and inappropriate touch Physical and biological (including menstruation and erections) that occur during puberty 			<ul style="list-style-type: none"> Appropriate and inappropriate touch Positive, healthy relationships How a baby is made